



Joint Base Andrews Military & Family Readiness Center

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Reintegration 8:00am-9:00am Resume Development 101 9:00am-12:00pm	3 Couples Connection 5:30pm-7:30pm
6	7 Pre-Deployment 1:00pm-2:00pm	8 Tips for Fed. Employment 8:00am-12:00pm Plan my Move 9:00am-11:30am Casualty Officer Notification 8:00am-10:00am	9 Reintegration 8:00am-9:00am	10
13 Heartlink/Windshield Tour 8:00am-2:30pm Fed. Retirement System 10:00am-11:00am	14 Pre-Deployment 1:00pm-2:00pm Employer Info Session 10:00am-11:00am	15	16 Reintegration 8:00am-9:00am	17
			DOL Employment Track 8:00am-4:00pm daily	
20	21 Pre-Deployment 1:00pm-2:00pm Pre-Separation 8:00am-12:00am	22	23 Reintegration 8:00am-9:00am Prep for the Interview 11:00am-12:00pm	24 Saturday, 25 Key Spouse Cont. Education 9:00am-12:00pm Art with Heart! 10:00am-12:00pm
	FC: 4 Essential Roles of Leadership 8:00am-4:00pm daily			
27	28 Pre-Deployment 1:00pm-2:00pm	29	30 Reintegration 8:00am-9:00am	31 EFMP 1st Aid&CPR 9:00am-3:00pm
TAP 3-Day Workshop 8:00am-4:00pm daily			DOL Employment Track 8:00am-4:00pm daily	

Money Talks
 Get free support from our
 Personal Financial Counselors!
 (240) 222-2604

Need to Talk?
 Military & Family Life Counseling
 (MFLC) services are available
 for free!
 (301) 232-8481
 (301) 232-8465

Location:
 1191 Menoher Drive
 JB Andrews, MD 20762
 Telephone:
 301-981-7087
 DSN: 858-7087

Need Additional Support?
 Military OneSource
 800-342-9647
www.militaryonesource.mil

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The Support Report Podcast
 on Spotify, Google Podcast, Radio Public and Breaker

REGISTRATION INSTRUCTIONS:
For Pre-Deployment & Reintegration: <https://jba-deployment.timetap.com>
For Personal Finance: <https://jba-pfc.timetap.com>
For all other workshops: <https://jba-mfrc.timetap.com>

Casualty Officer Notification: Purpose of Notification, Notification Responsibility, Selection of Unit to Effect Notification, Method of Notification & Team Composition, Transportation, Location of the Next of Kin (NOK), Inability to Locate NOK, Notification Letter, Preparing for Notification, Making the Notification, Informing the NOK, Not Discussed With NOK, Verification of Notification, AFPC Contact Information

Couples Connection: Couples Connection focuses on relationships and the healthy components of marriages by learning how to developing tools and tips that can be used in marriages and relationships.

EFMP: Art with Heart! (for kids and their families): Have fun and create with us while learning about how affirmations and art can help with emotional health. Adaptive for all abilities. Parent/guardian must be present. Free & open to all DoD families.

EFMP: American Red Cross First Aid Infant, Child & Adult CPR: This training is for immediate family members of those enrolled in the EFMP.

Employer Info Session: These sessions give local, national and global employers the opportunity to share information about working with their company such as, recruiting methods, how to apply, credentialing and interviewing skills.

Federal Employees Retirement System- The Federal Employees Retirement System (FERS) in 1986, became effective January 1, 1987. New Federal civilian employees who have retirement coverage are covered by FERS. FERS is a retirement plan that provides benefits from three different sources: a Basic Benefit Plan, Social Security and the Thrift Savings Plan (TSP). This workshop will provide detailed information on FERS.

Franklin Covey-The 4 Essential Roles of Leadership: The 4 Essential Roles of Leadership develop leaders who can think big, adapt quickly, and translate strategy into meaningful work. Most valuable where leaders can make a difference by inspiring trust, creating vision, executing strategy, and coaching potential.

Heart Link Spouse Orientation/Windshield Tour: Heart Link Spouse Orientation/Windshield Tour is geared toward all spouses! So, whether a new spouse has been married to an Air Force member 5 years or less or a part of the military for many years, all are welcome to explore what Joint Base Andrews has to offer. This is an great opportunity to network and build relationships, increase their knowledge of the Air Force mission, customs, traditions, protocols, and gather information about available programs and resources in a fun, relaxed atmosphere. Also, the windshield tour will capture the historical elements as we enjoy a scenic tour through the installation learning about the Air Force life.

Key Spouse Continuing Education Training: KS continuing education, providing networking and education opportunities to all active Key Spouses and Key Spouse Mentors.

Plan My Move Briefing: Prepare for your next PCS by hearing from TMO, Finance, MPF, Tricare, MFLC, EFMP, Certified Financial Planner, Military OneSource. Family members welcome!

Pre-Separation Briefing: Congressionally-mandated review of benefits, entitlements and resources for eligible transitioning service members. **Prerequisite:** Initial Counseling.

Pre-Deployment Briefing: Mandatory briefing for members scheduled for deployment.

Prep for the Interview: Prepare for the most important part of the job search process. Learn to answer questions, understand types of interviews, what not to say and more.

Reintegration Briefing: Mandatory briefing for members returning from deployment.

Resume Development 101: Write an effective, competitive private sector resume. Covers resume types, components, and how to organize experience in order to highlight skills.

Spouse Employment Workshop: This workshop provides an overview of MSEP, mySECO, and other employment programs to support military spouses in their job search.

TAP 3-Day Workshop & 2-Day Tracks: Transitioning and retiring service members will be registered for a TAP workshop after attending a Pre-Separation Briefing. Based upon path after separation/retirement, members and family may attend additional 2-day tracks covering DOL Employment, DOL Education, SBA Entrepreneurship, or DOL Career Exploration. **Prerequisite for TAP 3-Day:** Initial Counseling and Pre-Separation Counseling.

Tips for Federal Employment: Learn to navigate USA JOBS, create and manage an account, analyze job announcements, and create effective tailored federal resumes.

Welcome to Andrews-Newcomers Orientation: Learn about your new assignment through our JB Andrews Newcomer's Orientation. Family members welcome!